



BEACONSFIELD PRIMARY SCHOOL
Beaconsfield Road, Southall UB1 1DR
Email: admin@beaconsfield.ealing.sch.uk
Website: www.beaconsfieldprimary.org.uk
Tel: 020 8574 3506 **Head Teacher:** Mr D. Woods



Nut Allergies and Birthday Treats

Dear Parents/Carers,

There are a number of pupils in our school who are allergic to nuts. In some cases such an allergy can cause a severe allergic reaction which can be life threatening. Therefore, in order to ensure the safety of all our pupils, we are a **'NUT-FREE' school**.

We ask that parents/carers **do not** give children the following items in **packed lunches**:

- a) **Nuts** or any items which contain nuts such as snack bars
- b) Any items which are labelled "**may contain nut traces**"
- c) **Sandwich spreads which contain nuts** such as peanut butter and Nutella

Whilst we understand that many children like to celebrate their birthday by bringing treats to share with their friends and class members, any items must be in a **sealed commercial package** so that class teachers can check the contents of them to ensure they meet the dietary needs of all the pupils in the class (e.g. Halal, vegetarians/vegans, nut allergies, egg allergies etc.)

The easiest option for sharing at birthdays is some biscuits to share that DO NOT contain nuts or traces of nuts.

We ask that parents/carers do not send in:

- a) Any items which contain nuts e.g. 'Celebrations', 'Heroes', 'Quality Street' packets or tins.
- b) Whole cakes or cupcakes
- c) Party bags of any description

We would like to thank parents/carers in helping to keep all our pupils with allergies safe in school by following the above measures.

Yours sincerely,

Ms Tanya Lefort
Assistant Head Teacher

